

HKA November Menu 2017



| | 1 | 2 | 3 |
|------------------------|--|--|--|
| Morning Snack | Multigrain Cheerios, Milk | Homemade Granola, Gogurt, Milk | Rice Chex, Milk |
| Lunch | Sloppy Joes, Mixed Vegetables, Bananas, Milk | Chicken Alfredo, Peas & Carrots, Pineapple, Milk | Alphabet O's, Garden Salad w/ Ranch, Peaches, Milk |
| Afternoon Snack | Plta Chips, Hummus, Water | Animal Crackers, Bananas, Water | Sunbutter Cheerio Bars, Water |

| | 8 | 9 | 10 |
|------------------------|--|--|---|
| Morning Snack | Berry Kix, Milk | Corn Chex, Milk | Homemade Granola Bars, Milk |
| Lunch | Cheese Pizza, Corn, Mandarin Oranges, Milk | Spaghetti w/ Meat Sauce, Garden Salad w/ Ranch, Mangos, Milk | Fish Sticks, Lima Beans, Bananas, Milk |
| Afternoon Snack | Hull-less Popcorn, Cucumbers w/ Dilly Dip, Water | Cinnamon Graham Sticks, Gogurts, Water | Apple Straws, Fresh Apple Slices, Water |

| | 15 | 16 | 17 |
|------------------------|-------------------------------|---|---|
| Morning Snack | Regular Kix, Milk | Regular Cheerios, Milk | Kellogg's Pastry Crisps, Milk |
| Lunch | Soft Tacos, Corn, Pears, Milk | Cheesy Chicken Pasta, Mixed Vegetables, Pineapple, Milk | Lasagna Casserole, Green Beans, Peaches, Milk |
| Afternoon Snack | Cheese-Its, Cuties, Water | Skinny Chunky Monkey Cookies, Water | Veggie Straws, Cheese Slices, Water |

| | 22 | 23 | 24 |
|------------------------|---|--------------------------------|--------------------------------|
| Morning Snack | Homemade Granola, Gogurt, Milk | | |
| Lunch | Turkey & Cheese Sandwiches, Mashed Potatoes, Mandarin Oranges, Milk | Closed for Thanksgiving | Closed for Thanksgiving |
| Afternoon Snack | Vanilla Wafers, Bananas, Water | | |

| | 29 | 30 |
|------------------------|-------------------------------------|---|
| Morning Snack | Honey Kix, Milk | Homemade Blueberry Muffins, Milk |
| Lunch | Chili Mac, Corn, Bananas, Milk | Chicken & Rice, Peas & Carrots, Peaches, Milk |
| Afternoon Snack | Veggie Straws, Cheese Slices, Water | Animal Crackers, Bananas, Water |

